

SPA TREATMENT MENU

Kedma Exclusives	Duration	Price
<p>Experiential Turkish Bath Treatment Performed on a heated marble platform, this luxurious treatment combines splashing with cold and hot water, an exfoliating scrub and a body massage with a loofah, involving wrapping the skin in endless soap and lather.</p>	25 min.	330
<p>Green Clay Wrap Wrapping the body in green clay helps to stimulate the skin's natural metabolic process. Clay clarifies, soothes, and strengthens the skin, treating wounds, absorbing excess oils and toxins, and leaving skin beautifully soft and pleasant to the touch. The wrap is followed by the application of body butter to nourish the skin.</p>	50 min.	395
<p>Therapeutic Herbal Peel This stimulating, nourishing massage deeply cleanses and soothes the skin with the help of argan oil and therapeutic herbs. After the exfoliation, body butter is applied to nourish the skin. *Not recommended for sensitive skin.</p>	50 min.	395
<p>Salt Peel A natural exfoliation treatment based on natural mineral crystals that stimulate cellular renewal processes and reveal fresh, youthful skin that is soft to the touch and glowingly gorgeous to see. This authentic Dead Sea body care experience continues by applying gentle mineral lotion that delicately envelops the skin.</p>	50 min.	395
<p>Massa-ling This gentle exfoliating treatment harnesses the power of natural botanical herbs to remove the layer of dead skin cells and reveal a smooth, refreshed complexion. The exfoliation is followed by a soothing massage using delightful aromatic body butter.</p>	75 min.	550
<p>Youth Revival This rejuvenating treatment features the optimal combination to restore your skin's youthful vitality: gently exfoliating therapeutic herbs, a green clay wrap, and aromatic body butter for the ultimate nourishment. Wonderfully relaxing, the treatment promotes skin strengthening and regeneration.</p>	75 min.	550
<p>Treatments from the East</p>		
<p>Ayurveda This traditional Indian treatment involves full-body libation with gently warmed sesame oil, and ending with an oil libation on the "third eye" at the center of the forehead. The treatment is accompanied by a heavenly scalp massage. (During the treatment, the guest is unclothed, with appropriate covering.)</p>	75 min.	550

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Abhyanga A deliciously warming sesame oil libation performed in long movements along the entire body. Relaxing and liberating. (During the treatment, the guest is unclothed, with appropriate covering.)	50 min.	430
Shirodhara An oil libation on the “third eye” and forehead, accompanied by a scalp and face massage.	25 min.	270
Shiatsu This Japanese treatment is based on Chinese medicine and involves gentle pressing along the energy pathways to release physical and mental stress. (The treatment is performed with the guest in comfortable clothing.)	50/75 min.	420/550
Thai Massage A traditional treatment that combines pressure and stretching to improve flexibility and focus on releasing blockages, balancing the free flow of energy within the body. (The treatment is performed with the guest in comfortable clothing.)	50/75 min.	420/550
Balance & Release		
Swedish Massage Classic medium-strength European massage to relax and relieve muscle tension.	50/75 min.	395/520
Combination The therapist combines several massage techniques, in coordination with the guest, to achieve optimal releasing and balancing results.	50/75 min.	395/520
Aromatherapy Gentle massage with a combination of unique aromatic oils, specially selected for stress relief and relaxation. Perfect for enjoying intense calmness and wellbeing.	50/75 min.	395/520
Massology Recharge your spirit and balance your body with this refreshing blend of a classic Swedish massage and reflexology.	50/75 min.	395/520
Reflexology A balancing, relaxing treatment involving massaging and applying pressure to the feet in order to release tension and offer an overall sensation of relief.	25/50 min.	270/395
Polarity A wonderful stress relief experience that combines massages of the scalp, hands, and feet to generate an incredible sensation of release throughout the body.	50 min.	395
Deep Tissue Massage Deep, intensive, and focused massage techniques, intended to relieve muscle tension and trigger points in different areas of the body. Suitable for physically active people who regularly receive massages.	50/75 min.	430/550
Neck, Back & Shoulder Massage A massage to melt away all the stress and tension that collects in the upper part of the body: back, neck, head, and shoulder blades.	25 min.	270
The Magic of Hot Stones Based on ancient Native American practices, this unique treatment combines the touch of hot stones with the work of the therapist’s hands, and is designed to release tense, blocked areas. The heat of the stones stimulates blood circulation while also purifying and releasing toxins from the body. An unforgettable, exhilarating experience.	50/75 min.	430/550
Nova A holistic prenatal treatment for expectant mothers (from week 14), helping to ease the sense of heaviness, relieve fatigue and tension, and release tight, tense muscles.	50 min.	395

Facial Treatments

Duration

Price

CASMARA

Casmara is a professional Spanish dermo-cosmetic brand known for its innovative, advanced formulas that combine cosmetic ingredients with state-of-the-art technology. Casmara's multisensory facial treatments are suitable for all skin types and include the iconic peeling masks designed to introduce active ingredients directly to the skin, improving tone and elasticity.

Stimulating Purifying Treatment with a Red Goji Berry & Quinoa Mask

50 min.

450

A powerful antioxidant treatment based on Himalayan goji berry extract and various other organically-produced natural ingredients. The treatment includes a special oxygen-based exfoliation, a massage, and a personalized active serum tailored to your skin. Finally, relax with a firming, soothing mask.

Purifying Facial Treatment with a Cooling Black Charcoal Mask

50 min.

450

Perfect for oily and combination skin, this professional cleansing treatment helps to balance sebum production and reduce excess shine, making it an optimal choice for all those with skin prone to seborrhea and blemishes. Gentle skin cleansing and a special oxygen-based exfoliation are followed by a massage and treatment with a concentrated serum to balance oily skin. The treatment ends with a cooling antiseptic black mask that soothes and refreshes.

Deep Hydration Treatment with a Blue Aloe Vera Linen Mask

50 min.

450

A richly hydrating treatment that gives dry and dehydrated skin a healthy, glowing appearance. The treatment includes a special oxygen-based exfoliation, followed by a massage and the use of hyaluronic acid to improve the skin's texture. This treatment ends with a linen mask enriched with organically-produced blue aloe vera.

Anti-Aging Treatment with an Orange Vitamin C Mask

50 min.

450

This intensive replenishing treatment targets signs of premature aging caused by exposure to sunlight and other environmental factors. Designed to renew cellular energy and restore the skin's natural radiance, the immersive treatment includes a special oxygen-based exfoliation, and an active serum enriched with vitamin Q10. A firming orange vitamin C mask containing a blend of botanical ingredients is the ideal conclusion.

Christina – It Just Works!

Christina is a leading Israeli-international company that has been operating both at home and abroad for over 30 years. Known as the crème de la crème of the industry, its products are based on scientific research and cutting-edge technology, developed in order to provide exemplary solutions for a wide range of skin types and conditions.

Christina offers various treatments for men and women, ensuring both immediate and long-term results. Christina's team of scientists combines traditional botanical ingredients with unique innovative ingredients exclusively formulated in the company's labs. These precise formulas are clinically proven and safe for use. Christina products are in demand worldwide, and have attained an impressive reputation due to their stellar quality.

<p>Unstress Natural botanicals such as green, red, and white tea combine to calm redness and soothe irritated, stressed skin. This special treatment combines omega-3 and omega-6 oils to promote skin regeneration processes, with added probiotics help boost circulation, balance the skin, and enhance elasticity.</p>	50 min.	395
<p>Wish This unique renewing treatment for mature skin imparts immediate vitality and radiance, using advanced Wish skincare products to target all skin layers with powerful peptides (small proteins that can deeply penetrate the skin), ginseng, pomegranate extract, and more. Circulation is rapidly improved, as the treatment firms and fortifies the skin with antioxidants, helping to nurture an even tone and healthy complexion.</p>	50 min.	395
<p>Forever Young A protein-rich anti-aging treatment, packed with vitamins, moisturizing agents, fruit acids, algae, and peptides (small proteins that can deeply penetrate the skin). The treatment involves two AHA-based peels, two vitamin-rich masks, an algae mask, an eye treatment with crystal massage, and a pampering algae-based eye mask.</p>	50 min.	470
<p>Bio Phyto The Bio Phyto line represents the perfect meeting point between science and nature, as the two combine to create customized solutions for varied different skin conditions. Bio Phyto uses the properties of unique therapeutic plants, together with green chemistry principles and advanced technologies, with the goal of restoring the skin's healthy appearance, full of radiance and vitality.</p>	75 min.	470
<p>Special Treatment for Men A unique treatment for masculine skin, precisely formulated to inhibit the aging process while thoroughly cleansing and strengthening the skin. The treatment combines an exfoliation based on tartaric acid, derived from grapes, and a massage with refreshing mint-scented gel that contains powerful vitamins and peptides (small proteins that can deeply penetrate the skin) to boost the skin's overall appearance.</p>	50 min	395

General Information

- Spa opening hours: 9:00am – 7:00pm
- Entry to and use of the spa facilities entails a charge.
- Treatment price includes free entry to the spa facilities on the day of treatment: Turkish bath, men/women's saunas, heated hydrotherapy pool.
- A health declaration must be signed prior to the start of any treatment or use of the spa facilities.
- Payment for the treatment must be arranged at the hotel reception desk before receiving the treatment.
- Please arrive 10 minutes before your scheduled treatment time. Late arrival will result in the treatment duration being shortened accordingly.
- Treatments in the Turkish bath are performed in public view.
- Please do not bring any jewelry or valuable items to the spa complex. Management is not responsible for any loss/damage that may occur.
- Cancellations must be made at least 4 hours prior to the treatment time. Cancellations made 2-4 hours prior to the treatment will be charged a cancellation fee of 50% of the treatment cost. Cancellations made less than 2 hours prior to the treatment will be charged a cancellation fee of 100% of the total treatment cost.
- The treatments and price list are subject to change.
- Entry to the spa is reserved for guests ages 16+.
- Additional discounts and special offers may not be applied to treatment packages.

For further details, please contact the spa desk or call 077-3633518/9 (ext. 3518/9 from your room).

You are invited to relax, rejuvenate, and indulge yourself in the Esprit Spa's many pampering luxuries

We wish you a very pleasant, enjoyable experience.