



CARMEL FOREST

Exclusive Spa

SPA TREATMENT MENU

Exclusive Treatments	Duration	Price
OxyGeneo A revolutionary rejuvenating facial treatment that gently firms the skin, smooths expression lines, and leaves the face looking stronger, healthier, and more radiant	25/60 min.	450/690
Carmel Forest A holistic massage that combines several different treatment techniques in order to focus on specific areas	75/90 min.	520/620
Classic Treatments		
Pampering for Two A romantic treatment in a special, intimate atmosphere that includes massages for two and relaxing in a warm Jacuzzi, where the couple will enjoy a fruit platter and wine	90/75 min.	1150/920
Classic Swedish Massage A classic European massage designed to stimulate circulation and relieve both muscular and emotional tension	50 min.	395
Combination Massage A massage that combines a number of techniques customized specifically to your needs	50 min.	415
Aromatherapy Massage A massage infused with your choice of aromatherapy oils	50 min.	415
Reflexology A massage that includes applying pressure to the soles of the feet for optimal balance and relaxation	50 min.	395
Polarity A scalp, hand, and foot massage for whole-body release	50 min.	395
Deep Tissue Massage A deep tissue massage technique focused on releasing the muscles and stress points in different areas of the body	50 min.	430
The Magic of Hot Stones A calming treatment performed with hot basalt stones that envelops the body in warmth and softness	50/75 min.	435/565
From the Far East		
Full Ayurveda A special Indian treatment that includes a warm sesame oil libation over the whole body, as well as in the center of the forehead, and is accompanied by a relaxing scalp massage at the conclusion of the treatment. During the treatment, the recipient is unclothed, with appropriate covering	2/4 hands 75 min.	525/660



ROYAL BEACH

Isrotel Exclusive

EILAT

	Duration	Price
Abhyanga A sensational warm sesame oil massage for the whole body. During the treatment, the recipient is unclothed, with appropriate covering	2/4 hands 50 min.	430/525
Shirodhara Sesame oil libation in the center of the forehead, accompanied by a face-and-scalp massage	25 min.	255
Thai Massage Performed with the hands and feet, this massage uses precise pressing and stretching techniques to deeply relax the muscles. Administered on a mattress. It is recommended to wear comfortable clothing	50 min.	415
Shiatsu An East Asian technique performed by putting pressure on specific points along the body's energy channels to relieve physical and emotional tension. Administered on a mattress. It is recommended to wear comfortable clothing	50 min.	415

For Expectant Mothers

Classic Massage for Expectant Mothers A deeply satisfying massage to reduce the feeling of tension, invigorating the whole body. Suitable for women from their 14th week	50 min.	395
Harmony Facial Treatment (from the Dermalogica® collection) An indulgent, soothing treatment that moisturizes and tightens the skin of expecting mothers. The treatment includes a firming, hydrating, skin-brightening mask, a gentle peel, and an effleurage massage. For this facial we use only natural serums and ingredients (without aromatherapy oils or vitamin A)	50 min.	395

Short Treatments

Neck, Back & Shoulder Massage A truly liberating massage that relieves stress and tension in the neck, back, and shoulders	25 min.	255
Head Massage A soothing massage that releases stress and tension in the head area	25 min.	255

Body Peeling & Wrap Treatments

Chocolate Wrap A nurturing and revitalizing massage, performed while the body is completely wrapped in chocolate, for an incomparable feeling of nourishment	75 min.	490
Milk & Honey Wrap An outstanding treatment in which the body is wrapped in milk and honey. After washing up, you will enjoy a short body and scalp massage, for an unforgettable experience	75 min.	490
Mud Wrap A warm, mineral-rich mud mask, ideal for easing joint pain throughout the body, and providing overall relaxation	75 min.	490
Seaweed Wrap A treatment that includes a revitalizing deep tissue massage and a seaweed wrap infused with vitamins and minerals, leaving the skin moisturized, healthy, and radiant	75 min.	490

	Duration	Price
Massa-Ling The treatment begins with a gentle skin-renewing sea salt crystal peel enriched with vitamins and minerals. Afterward, the recipient is indulged with a massage that leaves the body feeling wonderfully revitalized	75 min.	490
Aromatherapy Peeling Salt peeling with your choice of aromatherapy oils	50 min.	395
Anti-Cellulite Peeling Salt peeling with grapefruit oil that focuses on areas of cellulite. Not recommended for sensitive skin	50 min.	395
Kese (Turkish Scrub) A strong, invigorating massage for improved circulation, muscle tension release, and skin cell revitalization. Treatment is administered in a public area of the Turkish bath	25 min.	335

The Final Touch

Eyebrow Tinting	Up to 25 min.	150
Eyebrow Cleaning	Up to 25 min.	150
Classic Manicure	Up to 50 min.	220
Gel Manicure	Up to 60 min.	280
Nail Polish	Up to 25 min.	150
Classic Pedicure	Up to 50 min.	265
Gel Pedicure	Up to 50 min.	320

Dermalogica

Dermalogica is the skincare brand most in demand by cosmeticians around the world. Its vegan products are gluten-free and based on skin-friendly ingredients. They have not been tested on animals and do not contain any animal-derived ingredients. All treatments are suitable for both men and women.

*The algae masks included in the facial treatments section of the menu do not contain iodine and are suitable for all skin types and conditions.

*The oatmeal used in various treatments contained in this menu is gluten-free.

Classic Experiential Treatment A relaxing and pampering facial treatment for all skin types. This immersive treatment experience includes exfoliation, a relaxing facial message combined with aromatic extracts and the introduction of hyaluronic acid, and the use of a unique therapeutic mask adapted to your specific skin type and condition. The treatment leaves skin radiant and glowing throughout the day.	50 min.	395
--	---------	-----

	Duration Price
Classic Purifying Treatment with Deep Cleansing A classic deep cleansing treatment designed to purify the pores. Ideal for all those with oily and combination skin. The treatment includes exfoliation, a facial massage combined with aromatic extracts and the introduction of hyaluronic acid, and an active purifying charcoal mask. Fruit acids are also used to smooth and renew the complexion. The treatment concludes with a refreshing cold algae mask to shrink the pores and relax the skin. The treatment leaves skin cleansed and calm, perfectly moisturized and with a matte appearance.	50 min. 435

Age Smart Treatment A regenerating treatment to improve skin tone and texture. This treatment includes an acid peel and the use of an innovative, extremely stable vitamin C serum, as well as the introduction of hyaluronic acid and a professional facial massage combined with aromatic extracts. It concludes with a firming or relaxing mask, according to your skin type and condition. Skin is left with a radiant, healthy appearance. <small>*Not suitable for pregnant women. Does not include deep cleansing. *It is recommended to moisturize for two days following the treatment.</small>	50 min. 450
--	-------------

CASMARA

Casmara is an innovative Spanish dermo-cosmetic brand. Its multisensory facial treatments are suitable for all skin types and include the iconic peeling masks designed to introduce active ingredients directly to the skin, improving tone and elasticity.

Eye & Neck Treatment A cosmetic treatment combined with a relaxing holistic experience. This treatment uses special massage glasses to perform three types of massage, combined with soothing music to relax the muscles around the eyes, as well as a therapeutic mask to tighten up the neck. It helps to reduce aging signs around the eye contour that appear due to daily stress and natural fatigue of the skin. The treatment firms skin, smooths away wrinkles, brightens dark circles, and reduces under-eye puffiness.	50 min. 480
--	-------------

Anti-Wrinkle Treatment An anti-aging treatment for firming the skin and reducing wrinkles, suitable for all skin types and conditions. This treatment uses peeling acids and peptides to smooth wrinkles, hyaluronic acid to improve the skin's firmness and elasticity, and a rich vitamin complex. It concludes with an active algae mask that helps to renew, nourish, and revitalize the skin. The treatment reduces the appearance of wrinkles, giving skin a bright, radiant look.	50 min. 480
--	-------------

Combined Treatments: Dermalogica + Casmara

Organic Treatment with a Red Goji Berry & Quinoa Mask A powerful antioxidant treatment suitable for all skin types. The treatment combines goji berry extract from the Himalayas with other natural ingredients grown through ecological agriculture. It includes a special oxygen peel, followed by a massage, the introduction of hyaluronic acid, and a vitamin C serum. The treatment concludes with a firming and soothing exfoliation mask. It reduces free radical damage and protects the skin from harmful environmental effects. The treatment gives skin a brighter, healthier look.	50 min. 450
---	-------------

	Duration	Price
<p>Vegan Anti-Stress Treatment A luxurious treatment to deliver intensive moisture and soothe dry and sensitive skin. The treatment includes an innovative oatmeal and vegan coconut milk peel, which is used in combination with a special oxygen mask to boost the skin's cellular energy. A relaxing facial massage is performed, including the introduction of hyaluronic acid, and it concludes with a relaxing, exfoliating oatmeal mask. Restores elasticity and vitality to the skin. *This treatment is suitable and highly recommended for pregnant women.</p>	50 min.	450
<p>Christina Christina is a leading Israeli-international company that has been operating both at home and abroad for over 30 years. Known as the crème de la crème of the industry, its products are based on scientific research and cutting-edge technology, developed in order to provide exemplary solutions for a wide range of skin types and conditions. Christina offers protective treatments for men and women, ensuring immediate and long-term results. Christina's team of scientists combines traditional botanical ingredients with unique innovative ingredients exclusively formulated in the company's labs. These precise formulas are clinically proven and safe for use. Christina products are in demand worldwide, and have attained an impressive reputation, due to their stellar quality.</p>		
<p>Unstress A unique calming treatment that combines natural ingredients, such as green, red, and white teas, to reduce redness and calm irritated skin suffering from stress damage, as well as probiotics to improve balance, circulation, and suppleness. The treatment includes omega 3 and 6 to balance and support the skin's renewal process</p>	50 min.	395
<p>Man A deeply purifying and firming treatment to slow the effects of aging on men's skin. The treatment includes a wine vinegar peel and a refreshing mint massage gel that contains vitamins and peptides to visibly improve the quality of the skin</p>	50 min.	395
<p>Wish A unique treatment that promotes circulation and firmness in mature skin, for immediate vitality and glow. The treatment directly influences all layers of the skin, using advanced and powerful ingredients, such as peptides, ginseng, pomegranate extract, and more. The skin is enriched with antioxidants, for a healthy, even tone</p>	50 min.	395
<p>Silk A premium anti-aging beauty treatment based on pure biological silk fibers to significantly reduce wrinkles, fine lines, and skin laxity. The treatment includes a combination of exotic fruit, vitamins C, A, and E, and enzymes to remove dead skin cells and aid the skin renewal process. The skin is left silky and smooth to the touch</p>	50 min.	395
<p>Bio Phyto A facial treatment based on pine and eucalyptus tree extracts that simultaneously heats and cools the skin, improving its metabolism. The treatment combines a purifying peel, deep cleansing, a massage with a vitamin-rich hyaluronic acid cream, and the renowned Green Forest Bio Phyto mask. The skin is infused with oxygen and vitamins A and B to accelerate skin cell renewal and boost circulation. The result: energized, balanced skin, in optimal condition</p>	50/75 min.	395/540

Notes

- Treatment price includes free entry to the spa facilities on the day of treatment.
- Please do not bring jewelry or valuables to the spa.
- The treatments and price list are subject to change.
- Please arrive 10 minutes before your scheduled treatment time.
- Cancellations must be made at least 24 hours prior to the treatment.
- Without appropriate prior notice, a cancellation fee of 50% of the treatment fee will be charged on all cancelled treatments.
- Entry to the spa is reserved for guests ages 16+, and entails a NIS 90 fee.
- Additional discounts may not be applied to couples treatments or treatment packages.
- For further details, and to book treatments, please contact ext. 8860.
- From outside the hotel: 08-6368860.

Outside Guests

- The price is for hotel guests only.
- If an outside guests orders a treatment until 5:00pm, they are required to pay 150nis per person for use of the spa facilities (dry sauna, turkish bath, jacuzzi) and entry to the hotel pool.