

SPA TREATMENT MENU

Relaxing Treatments	Duration	Price
<p>Ayurveda (2 or 4 hands) This Indian treatment uses gently warmed sesame oil to calm the mind and body, including an oil libation on the “third eye” at the center of the forehead, accompanied by a heavenly scalp massage. (During the treatment, the guest is unclothed, with appropriate covering.)</p>	75 min	470/570
<p>Abhyanga (2 or 4 hands) A deliciously warming sesame oil libation performed in long movements along the entire body, ending in a brief scalp massage. (During the treatment, the guest is unclothed, with appropriate covering.)</p>	50 min	370/470
<p>Shirodhara An oil libation on the “third eye” and forehead, accompanied by a scalp and face massage.</p>	25 min	250
<p>Aromatherapy Gentle massage with a combination of wonderfully beneficial aromatic oils.</p>	50/75 min	345/460
<p>Pampering for Two A delightful couple’s treatment in an especially enchanting atmosphere. The treatment concludes with a delicious fruit platter and bottle of wine.</p>	50/75 min	870/1070
<h3>Balancing & Releasing Treatments</h3>		
<p>Classic Swedish Massage Classic full-body European massage to help stimulate the circulation and relieve muscle tension.</p>	50/75 min	335/455
<p>Foot Massage A luxurious massage to improve circulation in the feet.</p>	25 min	240
<p>Scalp, Face & Neck Massage Helps to release tension and relax the entire head region.</p>	25 min	240
<p>Neck, Back & Shoulder Massage A massage to melt away all the stress and tension that collects in the back, shoulders, and neck area.</p>	25 min	240
<p>Combination Combines several massage techniques, as selected by the therapist during the treatment.</p>	50/75 min	345/465

	Duration	Price
Reflexology A balancing, relaxing treatment involving massaging and applying pressure to the feet in order to release tension.	50 min	335
Polarity Massages of the scalp, hands, and feet to generate an incredible sensation of release throughout the body.	50 min	335
Massology A refreshing blend of a classic Swedish massage and reflexology.	50 min	345
Namaste Intended to enhance the body's natural vitality, this dynamic massage with our house oil is an energetic medium-strength experience for the whole body, offering perfect pleasure.	75 min	465
Deep Treatments		
Deep Tissue Massage A deep, focused Western massage technique to relieve muscle tension and trigger points in different areas of the body.	50/75 min	370/490
Shiatsu This Japanese treatment method involves gentle pressing along the energy pathways to release physical and mental stress. (The treatment is performed on a mat / bed, with the guest in comfortable clothing.)	50/75 min	370/490
Balancing An especially intensive treatment that begins with a deep tissue massage of the upper back area to release muscle tension, followed by a massage of the feet, arms, and hands. The treatment concludes with a neck, scalp, and face massage. A harmonious, peaceful experience that brings balance to the body.	75 min	490
Thai Massage The ancient healing art.	50 min	370
Peeling & Wrap Treatments		
Salt Peel Cleanses and exfoliates the skin through a stimulating salt crystal massage, followed by almond oil to nourish the skin. Not recommended for sensitive skin.	25/50 min	240/335
Salt Peel – Anti-Cellulite A salt peel with additional grapefruit oil and special focus on areas affected by cellulite. Not recommended for sensitive skin. Includes a relaxing massage with our house oil after the peeling treatment.	75 min	465
Massa-ling This combination peeling and massage is designed to cleanse body and mind, bringing about perfect harmony. The treatment renews and nourishes the skin, generating a sensation of vitality and freshness.	75 min	465
Seaweed Wrap The body is wrapped in seaweed, which is especially rich in minerals and organic properties. This treatment helps to promote cellular renewal while balancing moisture and enhancing skin elasticity.	50/75 min	335/465
Salt & Patchouli Peel Cleanses and exfoliates the skin through a mineral-rich salt crystal massage, followed by the application of nourishing body butter.	50 min	335

Expectant Mothers	Duration	Price
Classic Prenatal Treatment A relaxing treatment for expectant mothers, helping to ease the sense of heaviness. Suitable from week 16.	50 min	335

Christina Facial Treatment This uniquely relaxing treatment combines natural ingredients, including green, red, and white tea, as well as omega-3 and omega-6 oils, to balance the skin, improve elasticity, and promote skin renewal processes.	50 min	335
---	--------	-----

Spa Specials

Utopia A gentle peeling treatment enriched with vitamins and minerals. The treatment exfoliates dead cells, leaving your skin feeling beautifully smooth and fresh. After the peel, we will pamper the body with a relaxing Abhyanga treatment using warmed sesame oil. This combination creates a sensation of absolute harmony.	75 min	465
--	--------	-----

Hot Stones Combines a gentle, relaxing treatment with the touch of hot basalt stones. Aiming to balance body and mind, the luxurious treatment works on energy channels to impart balance, purification, and emotional release from everyday stresses. A pleasant, unforgettable experience that wraps you in warmth and softness.	50/75 min	370/490
---	-----------	---------

Christina Facial Treatments

Unstress Relaxing and Pampering Treatment Natural botanicals such as green, red, and white tea combine to calm redness and soothe irritated, stressed skin. This special treatment combines omega-3 and omega-6 oils to promote skin regeneration processes, with added probiotics help boost circulation, balance the skin, and enhance elasticity.	50/75 min	335/455
---	-----------	---------

Silk Based on pure raw silk fibers, this outstanding anti-aging beauty treatment harnesses the power of enzymes to smooth away dead skin cells and significantly reduce wrinkles, fine lines, and loose skin. Its formula, enriched with exotic fruit extracts and vitamins E, A & C, leaves skin with a wonderfully silky-smooth feel.	50/75 min	335/455
--	-----------	---------

Forever Young Anti-Aging Treatment A protein-rich anti-aging treatment, packed with vitamins, moisturizing agents, fruit acids, algae, and peptides. The treatment involves two AHA-based peels, two vitamin-rich masks, an algae mask, an eye treatment with crystal massage, and a pampering algae-based eye mask.	75 min	455
---	--------	-----

Wish Anti-Aging Treatment for Mature Skin This unique renewing treatment for mature skin imparts immediate vitality and radiance, using advanced Wish skincare products to target all skin layers with powerful peptides, ginseng, pomegranate extract, and more. Circulation is rapidly improved, as the treatment firms and fortifies the skin with antioxidants, helping to nurture an even tone and healthy complexion.	50/75 min	335/455
--	-----------	---------

Special Treatment for Men A unique treatment for masculine skin, precisely formulated to inhibit the aging process while thoroughly cleansing and strengthening the skin.	50 min	335
--	--------	-----

Packages	Duration	Price
Perfect Vacation Your choice of three 50-minute treatments. Choose from Swedish Massage, Combination Massage, Aromatherapy, Peel, or Polarity.		865
Stress Relief Abhyanga (two hands, 50 min.) followed by a Christina facial treatment (50 min.).		575
Health & Happiness Salt Peel (50 min.) and Seaweed Wrap (50 min.).		555
Utopia Combines a Peel (25 min.) and Abhyanga (50 min.).		475

General Information

- Spa opening hours: Jacuzzi complex – 10:00am to 6:00pm, treatments – 10:00am to 7:00pm.
- Treatment price includes free entry to the spa facilities on the day of treatment.
- It is recommended to come to all treatments in a robe and swimwear, unless otherwise specified.
- A health declaration must be signed prior to the start of any treatment or use of the spa facilities.
- Please arrive 10 minutes before your scheduled treatment time.
- Therapists reserve the right to stop treatments immediately if they feel that the guest's conduct is inappropriate or disrespectful.
- Cancellations must be made at least 4 hours prior to the treatment time. Cancellations made without this advance notice will be charged the full treatment price.
- The treatment variety and price list are subject to change.
- Entry to the spa jacuzzi complex is reserved for guests ages 16+.
- Additional discounts and special offers may not be applied to treatment packages or the "Pampering for Two" treatment.
- Sun Club points may be applied to spa treatments.